

Working Safely on the HJ Andrews Experimental Forest
A Summary of Field Safety Information

Hazards (listed in order of risk)	Precautions
Driving	Slow down; stay on your side of the road; beware washboard and roadbed slumping
Travel by foot	Know poison oak; stay clear of steep rocky areas; watch for ground nesting yellow jackets; always wear a hardhat and good strong boots; carry first aid kit
Heat Stress	Carry and drink 2 liters of water per day; recognize and immediately treat symptoms of heat stress, such as cramping, nausea, dizziness by resting in a cool or shady area
Staying dry and warm	Keep energy high with ample food; always carry rain gear; dress in layers
Dangerous animals	Face bears, make enough noise to be sure they see you and can avoid you, and if attacked, tuck into a curl with hands over the back of the neck; Yell, flail, and toss rocks at cougars
Dangerous weather	Leave the woods if windstorms or severe thunderstorms occur

Mandatory safety policies on HIA

- Be Safe
- Wear seatbelts in all moving vehicles
- Wear a hardhat (also available for checkout), long pants, and boots

Advisable safety preparations

- Have current first aid/CPR training
- Carry a first aid kit
- Be prepared for emergency communication, cell phones don't work in the Andrews Forest. Options might include SPOT messengers or checking out a UFSF radio from site manager.
- Be aware of allergies (especially insect sting)
- Have completed a driving safety course in the last year
- Have a designated check-in buddy to confirm your safe return from the field

For more information:

All field-going individuals should attend safety training held at the Andrews every summer in June. Contact the H.J. Andrews Experimental Forest site manager for exact dates. Complete safety policies of the H.J. Andrews Experimental Forest are available on the website.

If I am a group leader, I will share these safety policies with my group and expect compliance.